Working at Home Organisation Board

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| --- | --- | --- | --- |
| Task:Minutes expected for task: | Task:Minutes expected for task: | Task:Minutes expected for task: | Task:Minutes expected for task: |

Print this task table. Or draw your own. If possible, laminate it and use a whiteboard marker each time you need to change the tasks.

Colour in the blank areas between each section in the child’s favourite colour. This will be the break between tasks. Write in how long that break needs to be. Some children will need a large body movement break, e.g. a run in the garden, kick a ball around etc. Others may just need a quick drink etc.

For older students, you could do this for yourself. It will help keep you organised.