Going Shopping Might be Different

I went to the supermarket in my family’s car. It was not Christmas time, but the car park was full.

There were not many shopping trolleys.

We had to queue up outside the supermarket before we were allowed in.

Some of the shelves were empty.

Some people were wearing face masks.

We had to leave more space between us and other people.

Some people were laughing and joking.

Some people were getting angry with each other.

At the check-out, some people were talking more. It was mostly about worries over families getting ill, and food.

I felt a bit worried too, because I did not understand why things had changed.

Here are some reasons why things have changed in the supermarket:

* We may have to stay in our homes for a while, and people want to buy enough food for that time.
* Some people, like my great grandparents, may already need to stay home. Our families may need to buy more for them too.
* People may be thinking we need to shop now because we may not be able to go out next week.
* People who are angry may actually be feeling scared that they will not have enough food and are getting grumpy quickly.
* People who are laughing more may actually be feeling concerned and are trying to stay happy. Some of these people may actually think the world has gone crazy and find it funny.