



Steps to Success

You will need:

- A pile of bricks and figures
- Paper and pens
- Blu-tac

How to play:

- Think about a goal you have—like being able to achieve a higher level on a video game or doing 20 ‘keepie uppies’ in a row.
- Use the bricks to build a set of steps or stairs.
- Write your goal on a piece of paper and fix it to the top step.
- Think about the little steps you need to achieve to get to your goal. For example, doing 5 ‘keepie uppies’ in a row, then 8, then 10 etc.
- Write each mini goal on a piece of paper and attach to each step of your model.
- Using your mini figure to climb your steps, keep practising and achieving the little steps until you reach your goal.
- Now try it with something your Mum or Dad or other adult wants you to try to get better at (eg. cleaning your room!)

